

## **Lista lucrărilor publicate:**

### **Lista celor maximum 10 lucrări considerate de candidat a fi cele mai relevante:**

#### **Indexed ISI Web of Science**

- **Cardoș, R. A.**, David, O. A., & David, D. O. (2017). Virtual reality exposure therapy in flight anxiety. *Computers in Human Behavior*, 72(C), 371-380. doi: 10.1016/j.chb.2017.03.007.
- David, O. A., **Cardoș, R. A.**,& Matu, S. (2018). Is REThink therapeutic game effective in preventing emotional disorders in children and adolescents? Outcomes of a randomized clinical trial. *European child & adolescent psychiatry*, 1-12.
- David, O. A., **Cardoș, R.A.**,& Matu, S. (2018). Changes in irrational beliefs are responsible for the efficacy of theREThink therapeutic game in preventing emotional disorders in children and adolescents: mechanisms of change analysis of a randomized clinical trial. *European child & adolescent psychiatry*, 1- 12.
- Sucala, M., Cuijpers, P., Muench, F., **Cardoș, R.**, Soflau, R., Dobrean, A., & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and Anxiety*.1-8. doi: 10.1002/da.22654
- David, O. A., Costescu, C., **Cardos, R.**, & Mogoase, C. (2020). How effective are serious games for promoting mental health and health behavioral change in children and adolescents? A systematic review and meta-analysis. In *Child & Youth Care Forum* (pp. 1-22). Springer US.
- David, O. A., Predatu, R., & **Cardoș, R. A.** (2021). Effectiveness of the REThink therapeutic online video game in promoting mental health in children and adolescents. *Internet Interventions*, 25, 100391.
- **Cardoș, R. A.**, Soflău R., Gherman A., Sucală M., & Chiorean A. (2017). A mobile intervention for core needle biopsy related pain and anxiety: A usability study. *Journal of Evidence-Based Psychotherapies*, 17(1). doi: 10.24193/jebp.2017.1.2
- **Cardos, R. A.**, & Mone, I. S. (2016). Religiousness, Spirituality and Work Values: A Step Forward for Work-Life Balance?. *Journal of Evidence-Based Psychotherapies*, 16(1), 67-77

#### **Chapters published in prestigious foreign publishing (ISBN) indexed WorldCat**

- David, D., **Cardoș, R.**, Cândea, D., Oltean, H., & řtefan, S. (2019). REBT and depressive disorders. In REBT with diverse client problems and populations (pp. 23-44). Springer, Cham.
- David, D. O., Silviu, M. A., & **Cardos, R. A.** (2020). Applications of Rational-Emotive and Cognitive- Behavior Technologies with Children and Adolescents. In Rational-Emotive and Cognitive-Behavioral Approaches to Child and Adolescent Mental Health: Theory, Practice, Research, Applications. (pp. 513- 530). Springer, Cham.

#### **Teza de doctorat:**

**Titlul: A MULTILEVEL ANALYSIS OF COMPUTER MEDIATED INTERVENTIONS  
IN FLIGHT ANXIETY**

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